



Daily Routine (all times are flexible)

8.30	<p>Early starters Breakfast can be provided at an additional cost of 50p per day</p>
9.00-9.15	<p>Arrival, welcome and self-registration On arrival, children and their parent/carer will be greeted by a member of staff. Children will be asked to wash their hands before finding their name to hang up for self-registration. Please encourage your child to hang their coats up themselves. When children are independent, it develops their self-esteem.</p>
9.20-9.35	<p>We gather together to sing our 'hello' and 'days of the week' songs. We also learn a Makaton sign of the week. https://www.makaton.org</p>
9.40-11.30	<p>Free flow play Free flow play allows children to engage in different play and to follow their interests. Children are given time for trial and error, to generate new ideas, practise and succeed. Children have access to messy, imaginative play, construction, physical play and exploration.</p> <p>Outdoor learning The doors to the outside area are open for most of the session to enable children to take any learning they do inside into the outdoor area, and gain the experience of all forms of weather. Outdoor learning is essential to improve children's health, well-being and their physical development as well as to support exploration and interact with the natural world. It has been proven to promote communication, language and literacy development, reduce stress and improve behaviour. Through outdoor play, children learn about risks and challenges.</p> <p>Small Group Time This is part of the daily routine which includes, activities that have been planned for the children by their Keyperson to develop a key learning experience, such as a cooking or craft activity. Some children will participate in 'language group'.</p>
9.45-10.30	<p>Snack Time Children have snack in their key groups. Each child is encouraged to independently wash their hands and select a plate and cup before sitting at the table. They pour their own drinks (milk or water) into their cups using small jugs. Snack time is valuable for practitioners to support learning and development. Many 'teachable moments' promoting sharing, self-help skills, independence, hand eye co-ordination, tool safety, mathematics and communication arise during snack time. When children have finished their snack, they wash their own plates and cups. Drinking water is available for the children to access independently during the session.</p>
11.30-11.40	<p>Tidy Up Time. The children are given a 5-minute warning using a sand timer before tidying up. All children are encouraged to tidy up. This is a valuable learning experience for children, it develops their self-help skills and a sense of responsibility for their environment as well as encouraging them to co-operate with and help others.</p>
11.40	<p>Nursery rhyme of the week</p>
11.45	<p>Story Time Children sit on the mat with adults to show we value story time. We use props to support listening skills. Children who are not developmentally ready to listen to a story will play action songs with a Lead Practitioner and finish with a shorter story.</p>
12.00-12.30	<p>Home Time For Some Children. We encourage children to wash their hands, collect their own belongings and put on their own coats, offering support when needed. Where possible, the keyperson (or co-key) will take out the child to their parent/carer and will provide a brief handover.</p> <p>Lunch Time We sing our 'clean little hands' song before washing our hands. Children sit in their key groups for lunch time. Mulberry Pre-school promotes healthy eating. https://www.nhs.uk/chnage4life/recipes/healthier-lunchboxes</p>

	https://www.foundationyears.org.uk/wp-content/uploads/2017/11/Healthy-packed-lunches-for-early-years-FACT-SHEET.pdf
12.30	Afternoon children will be greeted by a member of staff before washing their hands, hanging up their belongings and finding their name for self-registration.
12.30 12.45	Carpet activities. Once children have finished lunch, they can choose recourses to play with on the carpet.
12.45	Large Group Time Children will participate in a large group activity such as music and movement or yoga. Yoga offers psychological benefits for children. Research has shown that yoga can improve focus, memory, self-esteem, and behaviour, and can even reduce anxiety and stress in children.
1.00 - 2.35	Free Flow Play/Outdoor Play/Small Group The same format will follow as the morning session.
1.50	Drink Time Children will be encouraged to sit and have a drink of either milk or water. Drinking water is available for the children to access independently throughout the session.
2.30	Tidy Up Time
2.40	Nursery Rhymes/ Story Time
3.00	Home Time For Most Children We encourage children to wash their hands, collect their belongings and put on their coats, offering support when needed before singing our 'goodbye song'. Where possible, the keyperson (or co-key) will take out the child to their parent/carer and will provide a brief handover.
3.00 - 3.30	Quiet Time Children will participate in quiet activities such as 'tap a shape', puzzles, looking at books or mark making.
3.30	Home Time